

WCHD BOH Meeting

Thursday, March 24, 2024 3:00 pm

Present: Dr. Neal Burton Chair
Dr. Sara Simonsen Vice Chair
Coleen Nielson Board Member
Kendall Crittenden Board Member
Jay Eckersley Board Member
Michele Ludlow Board Member
Britt Manning Board Member

Staff: Jonelle Fitzgerald Health Officer
Brett Woodard Business Manager
Chris Smoot Epidemiology Director
Kathryn North Health Educator
Gayla Sperry WIC Director
Gina Tuttle Nursing Director

Guests: Jon Woodard Wasatch County Asst. Attorney

Opening Remarks/Welcome: Dr. Neal Burton

Invocation: Britt Manning

Pledge of Allegiance: Coleen Nielson

<i>Minutes</i>	Minutes from February 22, 2024 were presented to the Board for approval. A motion was made by Kendall Crittenden to approve the minutes. Coleen Nielson seconded the motion. Motion passed unanimously.
<i>Follow Up</i>	No follow-up. A representative from KPCW attended the meeting, but there were no comments from the public.
<i>Business Item 2</i>	Agenda Items 1) Program Reports a) WIC (Gayla) i) Successfully completed the state audit (1) 1 minor correction (2) (Jonelle) The state was very happy with Wasatch's WIC program. They consider it well run and successful. ii) WIC Overview: (1) "Hand up rather than hand out". Nutrition training is an essential part of the program (2) Each participant has to meet qualifications: (a) Income < 180% of poverty level (b) Residency in Wasatch County service area

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	(c) Children up to age 5 (d) Meets risk factor criteria, including child's body weight (3) WIC participation has increased in Wasatch by 50% since it's low point in July 2022 (4) Pass-through funds for participant food purchases were over \$241K in FY 2023 (a) WIC is different from SNAP because there are limits on the types of food covered under the program. (b) WIC has increased the vegetable and fruit allowance and now offers participants the choice of how much of each to take. Also added tofu to permitted purchases. (c) There is an app that helps participants make better selections. (d) (Jay) Are all the local markets participating? (Yes) (5) WIC also offers discount passes to some entertainment attractions such as Hogle Zoo. (6) Breast feeding support is a large part of the program. Training, support and loaner breast pumps. (a) Health department provides a privacy tent at several county activities. (b) (Britt) Do we have enough tents? (Yes) (7) Gayla presented data showing the difference in health outcomes with WIC and without. (8) Families can sign up for WIC as soon as the mother has a confirmed pregnancy. iii) (Jay) We should highlight WIC benefits in the annual report. iv) (Jonelle) Are there still a significant number of people who qualify for WIC, but are not participating? (1) (Gayla) Utah has one of the higher non-participation rates in the U.S. (2) ~38% of WIC qualifying families are participating. (3) There are over 405 eligible people in Wasatch County, over 50% of those are children. v) (Britt) The health department should to contact church and other leaders of organizations giving aid to this population and educate them on WIC's capabilities. vi) (Jay) WIC should be a first choice rather than third after family and charitable organization funds. They should be aware that WIC is essentially an insurance program that is already paid for.
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	- vii)(Gayla) We cooperate with the local food pantry. We can give surplus food from WIC families to them, and they are a good source of referrals. viii) Medicaid is another good source of referrals now that they have been allowed to share information with WIC. b) Health Promotion (Kathryn)) i) The health department participated in last week's preparedness fair. There were over 1,000 people there. (1) Gave out 70 naloxone treatments with training. (2) Also had the "Hidden In Plain Sight" exhibit. ii) We are giving CPR training on 4/18 at 7 PM. iii) Our annual drug take back is 4/27 from 10 AM to 2 PM in the Lee's parking lot. iv) May 6 is the annual Kid's Health and Safety Fair and Mile-By-Mile. We currently have 38 sponsors for that. v) (Jay) Is Wasatch Mountain State Park a sponsor? (Yes) vi) (Britt) Do we have a fentanyl problem in Wasatch County? - vii)(Jonelle) We don't have individual case data, but partners in the county and school report that there is evidence of fentanyl being distributed in the county. viii) (Kathryn) When we teach drug prevention at the schools we teach the kids: "Don't take any pills or meds unless your doctor has prescribed them". ix) (Gina) There is some data available on adult poisonings. c) PIO Annual Report (Chris) i) Chris distributed a draft of stories proposed to be included in the annual report. ii) There is a WIC presentation included. iii) An additional story for the annual report that is being verified: (1) Immunizations are down, and we would assume that vaccine preventable diseases would be up: however, there does not seem to be a statistically significant increase in preventable disease- even across the entire U.S. (2) At the very least we want to include a reminder to get vaccinations. iv) (Jonelle) We try to have the stories from different areas each year to make sure there is visibility for all aspects of the department. v) (Chris) Our goal is to finalize the annual report in time to go over it at the UALBOH symposium in April.
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	vi) (Sara) Another item we might want to stress in the annual report is that the health department offers a DPP class at no/low cost. The University of Utah charges \$500 for that. It's a lot better to prevent diabetes than treat it. vii) (Jonelle) We currently have a new instructor for the DPP class in training. There are people signed up waiting for the class to re-start. viii) (Jonelle) We will also want to recognize the various DPP partnerships we have in Wasatch County. 2) Financial Report- (Jonelle/Brett) Discussion/Action a) February, 2024 financials were presented i) These are still not particularly meaningful due to year-end adjustments impacts including accruing half a payroll paid in January. ii) Note that the fee revenue is \$106K over the annualized budget number. Fees are very seasonal and a lot are collected in the first months of the calendar year. iii) Contract revenue is above budget, and we would expect that trend to continue because several of the grants that we expected to terminate during the year have extended their availability. This will have a positive impact on year-end numbers. iv) Note that benefit positive variance is higher than wage positive variance. Benefits are difficult to predict because some benefits are at the employee's option. The benefit budget is intentionally higher to accommodate this. 3) Director's Report (Jonelle) Discussion/Action a) UALBOH legislative update: i) HB 128- Tobacco cessation: (1) Now allows youth to receive cessation services without parental consent. (2) The instigator of this legislation was a Bear River youth group that contacted their representative and pointed out the need for this change. ii) HB 405: (1) Modified to allow health departments to be able to issue quarantine and involuntary isolation orders for specific (listed) diseases, including new and emerging ones with the approval of local city/ county councils in an open meeting. (2) Health departments have only issued 3 such involuntary orders in the last 10 years. Generally people will follow voluntarily.
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	(3) (Jay) We will need to train the councils so they are prepared to act. (4) (Jon) They can do a council open meeting on 24 hours notice, or an emergency one without notice. (5) (Jonelle) It's important we review 26A provisions that enable local health departments. iii) SB-61- Tobacco (1) Codifies that the maximum nicotine content of vapes be 4%. Federal regulation allows up to 5% nicotine. (2) Prohibits flavored vapes except menthol and tobacco effective 1/1/2025. Flavored vapes are allowed to be sold at specialty tobacco shops until that date. Wasatch has no specialty smoke shops. (3) Also mandated that DHHS and the State Tax Commission generate a list of FDA approved tobacco/vaping products so that the LHD's can carry out their mandate to ensure tobacco and vape products for sale are FDA approved. b) HVSSD complaints: i) Still working with Utah State EPI on a special project to monitor H₂S and volatiles to ensure there are no health risks from the operation. ii) We can expect H₂S monitors to be installed soon. iii) Complaints and concerns can be registered at Appletree.utah.gov. iv) (Kendall) The county set up industrial protection zones similar to agricultural protection zones to ensure that developments built close to existing industrial operations would not be able to file legal complaints regarding pre-existing conditions. There has been opposition to establishing these zones because of a fear that they could be used to cover up health hazards. This is not true. v) HVSSD can apply for an industrial protection zone, and there have been many phone calls to council about HVSSD as a result. vi) Currently there are no odors because of the season.
<i>Business Item 3</i>	UALBOH Report (Jay/Jonelle) – Information/Discussion 1) Symposium will be April 17 & 18, 2024 at Thanksgiving Point. a) Invitations and program have been distributed b) The program will be targeted at “lay members” of Boards of Health. c) (Jonelle) Everyone but Sara is registered

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	d) Utah Health Improvement Plan will also be a topic. UHIP is an important program that is trying to engage other community partners in the development of community health objectives. e) There will also be time for a Board of Health business discussion. 2) Jonelle will register interested Board members to attend the tulip festival at Thanksgiving point. UALBOH has arranged to have symposium participants visit the festival on the evening of April 17 3) Because of the symposium, April's Board of Health meeting was cancelled by unanimous consent of the Board.
<i>Business Item 4</i>	MAG Aging Advisory Board (Kendall/Jonelle) – Information/Discussion 1) MAG is formed under an agreement between Utah, Summit and Wasatch counties. It's one of 7 inter-local areas. 2) Kendall chairs the MAG Aging Services Group 3) The Senior Citizens Advisory Board under the Aging Services Group supports the aging community and focuses on health education support groups and caregivers to this population group. a) Currently there's a \$500K shortfall projected for the fiscal year. b) Programs include: i) Meals-On- Wheels ii) Meals and training at the Senior Center on Tuesdays and Thursdays iii) Single family housing rehabilitation for seniors funded by a \$600K block grant shared by Wasatch and Summit counties (Utah County has direct funding from the Federal Government for its program). Wasatch County had \$300K in grants from this program last year in 10 grants. iv) Heat expense subsidy program v) Food box- a box of food available monthly to qualifying seniors (currently 10) vi) Senior health insurance cost reduction program. vii) Senior companion program. viii) Legal ombudsman program. ix) Senior caregivers support. There is a 2 day senior caregivers conference coming up in November. 4) (Jonelle) Senior citizens are a Health disparities focus population. 5) MAG is looking for volunteers for various programs, including Meals-on-Wheels riders. Note that most of the Meals-on Wheels drivers are volunteers. Also need volunteers to help reduce the isolation of seniors struggling to live on their own. 6) The health department supports seniors with programs such as Tai Chi, Stepping-On, Flu shots at home for those that can't come to the health

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	department for them, etc. Looking into increasing suicide prevention programs for seniors.
<i>Business Item 5</i>	Q 5 Update (Jonelle) –Discussion/Action 1) There are no recommended changes to the Q 5 2) Jonelle reviewed progress on and status of goals: a) 3A1 We are cross checking our policies with 26A b) 3A5 (Jay) Are we still coordinating with planning? (Yes) c) 3A5 Should we investigate nitrates in drinking water? (Under review). d) 3C Air Quality- continuing efforts to monitor air quality. i) Looking to monitor ozone, but the department doesn't have monitoring equipment. ii) The DEQ site will monitor ozone, and a site has been chosen It's currently under development. iii) (Jay) Is there any other group monitoring air quality? (Not now). iv) Not all of the health department monitors have been deployed. Still looking for sites. e) 4C There is a lot of participation with Wasatch Community Foundation. They are a good partner, including funding support. f) 6B Tobacco and opioid dollars are being administered by the Health Education group. Kendall will look to ensure that Wasatch County and Health Department records match for the dollars received from the state settlement. g) 7C1 Immunizations are down i) (Gina) We need 95% immunization rate to get mass immunity. We're at 89%. For instance, if we get a measles outbreak here, it could spread through the general population. ii) There was a discussion regarding how this situation could be improved. iii) The "Online immunization exemption" adopted by the state for school immunizations has adversely impacted the child immunization rate. This will take a long time to correct. iv) Flu immunization rate is likewise decreasing
Adjourn	Motion by Michelle to close and adjourn the public meeting was unanimously approved by the Board and the meeting was adjourned.
	Next meeting 3:00 P.M. May 23, 2024.

Meeting adjourned at 5:13 p.m.

Dr. Neal Burton, Chairperson